

SEPTEMBER 2023 LUNCH



OPEN KITCHENS
Serving the Best

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8/28/2023	8/29/2023	8/30/2023	8/31/2023	9/1/2023
▪ WHOLE-GRAIN BREADS & PRODUCTS ▪ MENU ITEMS DO NOT CONTAIN PORK ▪ MILK AVAILABLE WITH ALL MEALS *CONDIMENTS				
9/4/2023	9/5/2023	9/6/2023	9/7/2023	9/8/2023
NO SCHOOL 	TURKEY & SWISS WG SANDWICH BREAD 2 OZ, TURKEY HAM 1 OZ, SWISS CHEESE 1 OZ LEMON CHICKPEA SALAD 3/4 C PEAR 1/2 C *MAYO, MUSTARD	CHICKEN CAESAR WRAP WG TORTILLA 2 OZ, DICED CHICKEN 2 OZ, CAESAR DRESSING BABY CARROTS 3/4 C ORANGE 1/2 C *RANCH	PIZZA BAGEL WG PLAIN BAGEL 2 OZ, SHREDDED CHEESE 1 OZ, TURKEY PEPPERONI 1 OZ, MARINARA CUP JICAMA 3/4 C APPLE JUICE 1/2 C *TAJIN	WOWBUTTER & JELLY WG BREAD 2 OZ, WOWBUTTER 2 OZ, JELLY BROCCOLI 3/4 C BANANA 1/2 C *RANCH
9/11/2023	9/12/2023	9/13/2023	9/14/2023	9/15/2023
TURKEY & CHEDDAR WG SANDWICH BREAD 2 OZ, TURKEY 1 OZ, CHEDDAR CHEESE 1 OZ LEMON CHICKPEA SALAD 3/4 C APPLESAUCE 1/2 C *MAYO, MUSTARD	WOWBUTTER & JELLY WG BREAD 2 OZ, WOWBUTTER 2 OZ, JELLY JICAMA 3/4 C PEAR 1/2 C *TAJIN	CHICKEN CHEF SALAD WG CRACKERS 2 OZ, DICED CHICKEN 1 OZ, SHREDDED CHEESE 1 OZ, MIXED GREENS PICKLE SPEARS 3/4 C ORANGE 1/2 C *RANCH	MUFFIN KIT WG BANAN MUFFIN 2 OZ, YOGURT CUP 1 OZ, STRING CHEESE 1 OZ MIXED GREENS 1.5 C APPLE JUICE 1/2 C *RANCH	LUNCHABLE WG VEGGIE CRACKERS 2 OZ, TURKEY COINS 1 OZ, CHEESE SLICES 1 OZ BABY CARROTS 3/4 C BANANA 1/2 C *RANCH
9/18/2023	9/19/2023	9/20/2023	9/21/2023	9/22/2023
YOGURT KIT WG GRANOLA 1 OZ, WHEAT CRACKERS 1 OZ, YOGURT CUP 1 OZ, COLBY JACK STRING CHEESE 1 OZ RED BELL PEPPER STRIPS 3/4 C APPLESAUCE 1/2 C *RANCH	GREEK PASTA SALAD WG ELBOW 2 OZ, SHREDDED MOZZARELLA CHEESE 2 OZ, SLICED CUCUMBERS, DICED TOMATOES BROCCOLI 3/4 C PEAR 1/2 C *RANCH	TURKEY & CHEESE HOAGIE WG HOAGIE 2 OZ, TURKEY 1 OZ, YELLOW AMERICAN CHEESE 1 OZ EDAMAME 3/4 C ORANGE 1/2 C *MAYO, MUSTARD, RANCH	RANCH CHICKEN WRAP WG TORTILLA 2 OZ, DICED CHICKEN 2 OZ, RANCH SEASONING JICAMA 3/4 C APPLE JUICE 1/2 C *RANCH, TAJIN	HALF DAY EARLY DISMISSAL
9/25/2023	9/26/2023	9/27/2023	9/28/2023	9/29/2023
LUNCHABLE WG VEGGIE CRACKERS 2 OZ, TURKEY COINS 1 OZ, CHEESE SLICES 1 OZ BABY CARROTS 3/4 C APPLESAUCE 1/2 C *RANCH	BBQ CHICKEN SANDWICH WG HAMBURGER BUN 2 OZ, DICED CHICKEN 2 OZ, BBQ SAUCE JICAMA 3/4 C PEAR 1/2 C *TAJIN	JERK CHICKEN WRAP WG TORTILLA 2 OZ, DICED CHICKEN 2 OZ, JERK SEASONING CUCUMBER SLICES 3/4 C ORANGE 1/2 C *RANCH	BAGEL WG PLAIN BAGEL 2 OZ, YOGURT 1 OZ, WOWBUTTER 1 OZ, CREAM CHEESE BLACK BEAN & CORN SALAD 3/4 C APPLE JUICE 1/2 C	COLD CHEESE PIZZA WG CRUST 2 OZ, CHEESE 2 OZ MIXED GREENS 1.5 C BANANA 1/2 C *RANCH